

BUILDING AN EMERGENCY PREPAREDNESS KIT

Being prepared means being equipped with the proper supplies you may need in the event of an emergency or disaster. Keep your supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you in case you must evacuate. At a minimum, you should have the basic supplies listed below:

1. Water: one gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
2. Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home) plus can opener if using canned food
3. Flashlight
4. Battery-powered or hand-crank radio
5. Extra batteries
6. [First](#) aid kit
7. Medications (7-day supply) and medical items
8. Multi-purpose tool
9. Whistle to signal for help
10. Dust mask, to help filter contaminated air, and plastic sheeting and duct tape to shelter-in-place
11. Moist towelettes, garbage bags and plastic ties for personal sanitation
12. Sanitation and personal hygiene items
13. Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
14. Cell phone with chargers
15. Family and emergency contact information
16. Extra cash
17. Blankets
18. Map(s) of the area

Consider the needs of all family members and add supplies to your kit:

- Medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes, etc.)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two-way radios
- Extra set of car keys and house keys
- Complete change of clothes
- Mess kit with paper plates, cups, plates and plastic utensils, paper towels